

Parties Made Easy

A Guide to Help You Entertain with Ease

... without the cost of full-service catering

Pages 2 & 3 Hors d'OEuvre & Party Trays

The makings of a light hors d'oeuvre party or impromptu get-together

Page 4 Cold Buffet Suggestions

Ideas for a delicious and easy cold lunch, bridal or baby shower, light

dinner or picnic basket

Page 5 Oven-Ready Gourmet

Items for the busy host or hostess, great for the informal yet elegant

dinner, holiday gathering, or rehearsal dinner

Page 6 Morning Favorites, Cookies & Other Sweets

Breakfast and brunch ideas

Page 7 Delicious Cakes! . . . for all occasions . . .

Special occasion cakes that will delight your guests!

Visit our bakery for a full selection of our breads and pastries!

FULL-SERVICE CATERING AND PARTY PLANNING ALSO AVAILABLE

Visa, MasterCard, American Express, and Discover Card accepted
Delivery service available. Delivery/set-up is subject to a minimum 15% service charge
Glassware, dishware, flatware, and party equipment rentals available
Prices in **Parties Made Easy** are subject to change without notice
and may not be indicative of full-service catering charges

Request a customized catering scenario in the cuisine of your choice at www.TheFrenchGourmet.com

960 Turquoise Street | San Diego, CA 92109 | (858) 488-1725 x3 TheFrenchGourmet.com | catering@thefrenchgourmet.com



Hors d'Œuvre

Must order a minimum of 12 each.

Cold Hors d'OEuvre (each) Seared Ahi on Cucumber Round (GF). \$2.75 Caviar New Potato (GF). \$2.75 Garlic-Cilantro Shrimp (GF). \$2.75 Jumbo Shrimp Cocktail (GF). \$3.00 Ahi Tartare on Wonton. \$2.75 French Style Canapé. \$2.50 Chicken Salad Profiterole. \$2.50 Walnut-Bleu Cheese Gougere. \$2.25 Prosciutto Wrapped Asparagus (GF). \$2.50 Melon and Prosciutto (GF). \$2.55 Antipasto Skewer (GF). \$2.50 Vegetarian Vietnamese Summer Roll (GF, Vg). \$2.50 Deviled Eggs \$2.00 with Smoked Salmon (GF). \$2.25 Walnut and Blue Cheese Mushrooms (GF). \$2.75 Oven-Roasted Tomato Crostini Provençale. \$2.50 or with Montrachet Goat Cheese. \$2.50 Grilled Flat Iron Steak Ciabatta. \$3.00	
Elegant Tea Sandwiches (order in multiples of 4)Tuna Salad, Watercress, Egg Salad,Cucumber, or Chicken Curry Salad\$2.25Smoked Salmon\$2.75	
Assorted Pinwheel Wraps Turkey and Avocado, Vegetarian, Roast Beef and Creamy Horseradish, or Chicken Curry Salad\$2.75 Smoked Salmon Pinwheel Wrap\$3.00	
Assorted Petite Savory Puffs Spinach, Prosciutto & Parmesan, Curry Bechamel, Caramelized Onion & Feta	
Savory Croissant Bites	

Turkey & Cheese, Ham & Cheese, Spinach Mushroom

& Cheese. Must order in multiples of 6.

Hot Hors d'Œuvre (each) *
Maryland Crabcake
Grilled Prosciutto Shrimp (GF)\$3.50
Crab Stuffed Mushroom\$3.00
Divers Scallop Rumaki (GF)\$6.00
Bacon and Cheddar New Potato (GF)\$2.50
Artichoke Fondue Crostini\$2.25
Chicken Curry Mousse Puff\$1.90
Chicken Satay or Piccata Skewer (GF) \$2.75
Buffalo Chicken Drumettes \$2.00 or \$20/dozen
Lollipop Lamb Chops (GF)
Mini-Meatballs with Marinara
or Green Peppercorn Sauce\$2.00
Buffalo Chicken Meatballs (GF)\$2.50
Cattleman Teriyaki Beef Skewer (GF) \$300
Beef Wellington Phyllo Puff\$3.00
Crispy Potstickers with Cilantro-Soy Sauce\$2.50
Cheese Burger Sliders
Spinach and Feta-Stuffed Mushroom\$2.75
Artichoke Stuffed Mushroom
Mushroom Duxelle Puff\$2.25
Spanakopita\$2.50
Mini Reubens\$3.00
4
Assorted Thin Crust Bite Size Quiche
Lorraine, Spinach, Mushroom,
Onion or Chili Verde
·
Kid Friendly
Chicken Strips with Ranch Dressing\$3.00
Pizzetta—Pepperoni or Plain Cheese \$2.25

^{*} These are all easily reheated at home in a pre-heated 275° oven

Our Cold Hors d'Œuvre items are beautifully arranged on elegant black lacquered disposable trays. Our Hot Hors d'Œuvre items are arranged on oven-ready trays for your convenience.

Over 44 Years of providing creative catering solutions in the cuisine of your choice to celebrate the milestones of your personal and professional life



(GF) Gluten Free (Vg) Vegan

Party Trays

Mini serves 5 to 6 Small serves 15 to 20 Medium serves 35 to 40 Large serves 65 to 75 Actual number of servings will vary depending on your overall selection

International Artisan Cheese Board with Dried Fruit & Nuts*

Mini \$65 Sm \$99 Md \$120

Lg \$190

Artisan Cheese, Nuts, Dried Fruits, and Charcuterie Tray*

Mini \$65

Sm \$109

Md \$130

Lg \$198

Fresh Fruit Tray

Seasonal fruits may include pineapple, cantaloupe,

grapes, berries, and melon

Mini \$50

Sm \$60

Md \$80

Lg \$109

Raspberry Yogurt Dip

Suggested with fresh fruit \$9.00/pint

Marinated and Grilled Vegetable Tray

An Italian country-style selection of bell peppers, summer squash, eggplant, artichoke hearts, mushrooms, and

other seasonal vegetables

Mini \$50

Sm \$80

Md \$105

Lg \$145

Regular Vegetable Tray served With Spinach Dip

Mini \$40

Sm \$59

Md \$85

La \$109

Antipasto Platter

Prosciutto, Salumi, Cured Meats, Mortadella, and Mozzarella, garnished with pepperoni, olives, and

marinated vegetables

Mini \$70

Sm \$99

Md \$150

Lg \$210

The French Gourmet's Pâté & Charcuterie Tray*

A selection of delicious pâtés, European-style dried salamis, prosciutto, and Mortadella served with our onion chutney, pickled garlic, Olives, and cornichons

Mini \$65

Sm \$99

Md \$119

Pesto Cheese Torte *

Layers of cream cheese, sun-dried tomatoes, and toasted pine nuts, decorated with fresh basil and olives

6" serves up to 20

\$54

12" serves up to 35

\$82

Heart-Shaped serves up to 45

\$95

Brie en Croûte *

A house specialty! Imported Brie cheese baked to a golden brown in puff pastry, filled with your choice of Apricots, Sautéed Mushrooms, Pesto and Pine Nuts,

Cranberries, or Brown Sugar and Pecan

Serves up to 25

\$55

Small serves 6-8

\$32

Sliced Baguette

Thin - 40 to 50 slices

Dinner Size - 12 to 18 slices

Crackers

\$3.00/sleeve

Artichoke Dip *

A spread of artichoke hearts, Cheddar, cream cheese,

and shallots

Serves up to 20

\$32/qt

\$6.00

Mediterranean Eggplant Purée

Pita bread triangles suggested

Serves up to 15

\$32/qt

Mini Bruschetta Station

Grilled Artisan Breads with Chef's choice of 4 of these toppings such as White Bean Hummus, Marinated Sweet Bell Pepper Blend, Roasted Pepper Hummus, Ciabatta Tomato Spread, Kalamata Olive Tapenade, or Whipped

Artichoke Feta Cheese

Serves up to 25 guest

\$85

Endive Sunburst

Mediterranean Eggplant Purée speared with Belgian

endive

Serves up to 30

\$78

Southwestern Black Bean Torte

Layers of black beans, roasted chilis, onions, black olives, sour cream, Cheddar and Jack cheeses, salsa, and avocado

8" Round serves up to 20

\$59

Ceviche

Shrimp or fresh white fish marinated with chilies, tomatoes, onions, cilantro, and lime juice.

Enjoy with tortilla chips

\$48/qt

Homemade Mild Salsa Fresca

Red or Green \$22/qt Papaya Salsa \$26/qt

Freshly Made Guacamole

Seasonal cost

\$28-\$36/qt

Tri-Colored Tortilla Chips

1 lb serves up to 20 (approx.100-130 pcs)

\$10/lb



* Sliced baguettes and assorted crackers suggested 2-2024

Cold Buffet Suggestions

Sandwiches Choice of: Croissant	SaladsPlan on 4 to 6 oz total salad weight per personGourmet Cole Slaw.\$8/lbCaesar Parmesan Pasta.\$9.50/lbCelery Root.\$12/lbChicken Salad\$14/lbQuinoa\$11/lbDill Potato\$11/lbCountry Potato\$10/lbAsian Cucumber Salad\$12/lb
Savory Baked in Croissants (whole or cut up to 6 bite size pcs)\$6.50 ea Turkey & Cheese Ham & Cheese Spinach & Cheese	Fresh Green Bean (with Swiss cheese and grain mustard vinaigrette)
Paninis Grilled Chicken	Black Bean & Corn Jalapeno Salad\$10/lb Classic Caesar Salad\$4.00 pp Mixed Green Salad\$4.00 pp Elario's Salad\$7.00 pp Spinach Salad\$5.00 pp Roasted Vegetable Farro Salad\$11/lb
Wraps Vegan	DressingsFrench Gourmet Vinaigrette\$8/pintCaesar / Ranch\$8/pintBleu Cheese\$12/pint
Seared Ahi with wakame, tomatoes, chives, romaine lettuce, creamy wasabi, and a light ginger-rice vinegar dressing Mediterranean Turkey\$13.95 ea Roasted turkey, hummus, feta, fresh basil, hearts of palm, tomatoes, aioli, & arugula	Rolled Medallions of Beef Filet Mignon Served Cold 2 lb minimum
	Cold Sliced Beef Filet Mignon
Meat and Cheese Tray 3 lb minimum 15/20 Guests	Grilled Chicken Breast Medallions With Tarragon mustard sauce \$1.90 slice
Decorated Cold, Boneless Poached Salmon Chilled and served with a cold dill sauce or herbed mayonnaise, • Whole Side Filled, 3 to 4 lb	Citrus Marinated Turkey Tray Freshly roasted, served cold with our cranberry-orange relish Sm-7 lbs. serves up to 20. \$110 Md-11 lbs. serves up to 30. \$140 Lg-15 lbs. serves up to 60. \$185
Kosher-Style Smoked Salmon Tray 2½ lbs	Freshly Made Soups\$8.00 - \$10.00/qt French Onion Soup\$13.00/qt with toasted crostini and cheese



*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.

Garnished with capers, rings of red onions, sliced

tomatoes, and whipped cream cheese.

Hot Catering Mains + Oven-Ready Gourmet

Some items need 3 days notice and may be subject to minimum quantities and seasonal availability. For same day needs choose from our child reheatable meals page

Filet of Beef Wellington Beef tenderloin lightly seared with fresh mushroom duxelle, baked to a golden brown in a puff pastry or NOT BAKED Port demi-glace sauce Individual \$35 Half Filet Dinner serves 4-6 \$175	Rasta Pasta
Whole Filetserves 8-12\$295Port Demi Glace\$22/qt	Whole Quiches Lorraine, Spinach, Mushroom, Chili Verde, Broccoli/Cheddar Individual
Filet Mignon Châteaubriand Style Tender and lean beef tenderloin ready to be baked Individual 7oz\$30	Medium 9" Pieserves 4-6\$24Large 9" Pie Deepserves 8-10\$36
Half Filet Dinner 2½ lbserves 4-6\$125 Whole Filet 4½ lbserves 8-12\$225 Demi Glace\$22/qt	Tourte Milanaise Layers of frittata, spinach, ham, Swiss cheese and sweet bell pepper, wrapped in a puff pastry. baked to a gold brown. Turkey and Tuna also available
Chicken Breast Marsala, Picatta\$12/pp	Small 7" serves up to 8 \$65 Large 11" serves up to 18 \$90
Braised Beef, Bourguignonne-Style \$24/pp Boneless in a red wine sauce with pearl onions, mushrooms and carrots.	Tourte au Choux Very French! Serves 8-10\$82 Pork, onions, cabbage and spices, pre-baked in a puff pastry
Roasted Duckling with Raspberry Sauce (minimun 2-1/2) Tender half duckling roasted to a deep crisp brown, served with rich, dark raspberry sauce	Vegetarian Eggplant Torta Layers of baked eggplant, sautéed spinach, fresh tomatoes, Feta and Monterey Jack cheeses ½ Pan
Duck Confit with Raspberry Sauce	Full Pan
Salmon en Croûte dill Velouté Fresh filet with spinach and salmon mousse, wrapped in puff pastry, baked to a golden brown. Half Strip	Tomato Basil or Eggplant Lasagna \$70 Pan serves 10-12 \$70 Full Pan serves 20-24 \$120 À la Viande (meat) add \$30-\$60
Full Dinner Stripserves 6-8\$139	Italian-Style Grilled Vegetables
Grilled Salmon*	Lemon Blue Lake Green Beans
Spiced Salmon, 6/7oz Stuffed Whole Boned Chicken	Roasted Brussels Sprouts & Cauliflower
Serves 6-8	Country French Potato Pie French au gratin-style potatoes baked in our own flaky crust Serves 8-10
Oven Roasted Spring New Zealand Rack of Lamb Serves 1-2	Potatoes au GratinIndividual Timbale.\$3Small 6".serves1-2\$8Medium 9" Pieserves 4-6\$18Large 9" Deepserves 8-10\$28
Cassoulet (minimum 8)	½ Pan serves 15-20 \$60 Full Pan serves 30-40 \$90
Penne Pasta Primavera Penne pasta tossed with blanched garden vegetables with your choice of tomato basil, tequila lime, or basil pesto sauce	Rosemary Red Potatoes\$11/lbBraised Fingerling Potatoes\$12/lb
with freshly grated Parmesan cheese 10 person minimum	Mixed Wild Rice w/ Almonds



Large quantity discounts are available

2-2024

Reheatable Meals

Hot Prime Rib
Cold REHEATABLE Meals
Filet Mignon Chateaubriand Style Seared, ready to finish @350° for 15-20 mins (Individual* (7oz) plus 2 sides and sauce
Filet of Beef Wellington
Individual* (6oz) plus 2 sides and sauce
Salmon Dijonnaise Mixed wild rice pilaf with glazed carrots and green beans Individual serves 1 \$22 Family Style serves up to 4 \$80
Chicken Piccata or Marsala Boneless chicken breast sautéed with a lemon caper sauce or mushroom sauce. Mixed wild rice pilaf and sautéed green beans.
Individual serves 1 \$16 Family Style serves up to 4 \$55
Braised Boneless Beef Bourguignonne-Style in a red wine sauce with pearl onions, mushrooms and glazed carrots. Whipped red bliss potatoes and sautéed green beans.
Individual serves 1. \$24 Family Style serves up to 4 \$82
Duck Confit with Raspberry Sauce Served with rich, dark raspberry sauce, mixed wild rice and vegetables.
2 Legs
Ratatouille Quinoa A light stew of eggplant, zucchini, onion, garlic, tomato, and bell peppers over steamed quinoa
Individual serves 1-2 \$13 Family Style serves 4. \$45
Kids Meal \$10/ea Chicken tenders from scratch! Mac-n-Cheese, glazed carrots and Ranch dressing
Assorted Soups - Made from scratch Cream of Broccoli, Cream of Watercress, Red Bell Pepper Pear, Potato Leek, French Onion, Butternut Squash, Tomato Basil, Chicken Noodle 1at
Chicken Pot Pie\$7.50 Tender chicken, peas, carrots, mushrooms, savory sauce, golden crust
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House-made Quiche: Lorraine, Spinach, Mushroom and Chili Verde Individual serving\$7 Pie pan size\$24 Large\$36
Whipped Red Bliss Potatoes
Mixed Wild Rice Pilaf with garlic herb butter\$12/lb
Steamed Blue Lake Green Beans with garlic herb butter\$10/lb
Glazed Carrots & Blue Lake Green Beans with garlic herb butter\$10/lb
Mac-n-Cheese Elbow Pasta with rich cheddar cheese sauce
Savory Baked In Croissants
Assorted Baguette Sandwiches\$8/ea Ham & Swiss, Cheese, Turkey & Cheese, Vegetarian, Tuna Salad, Chicken Curry Salad Add Avodaco\$1
Fresh Cut-up Fruit\$6/pint
Caesar Salad Romain lettuce, Parmesan cheese, garlic croutons, creamy Caesar dressing Individual serves 1-2 \$9 Family serves 4-6 \$25
Mixed Green Salad Mushrooms, tomatoes, cucumber & carrot, vinaigrette on side Individual serves 1-2 \$9 Family serves 4-6 \$25
Tuna Salad \$12/lb Chicken Salad \$14/lb Rainbow Primavera Pasta Salad \$10/lb Dill Potato Salad \$10/lb Roasted Vegetable Farro Salad \$11/lb Baguette \$3.50 ea
French Breakfast Rolls from \$3.25/ea Croissant, pain au chocolat, Almond croissant, Palmier)
Individual Dessert



Gluten-Free Cookies Available

Morning Favorites

Fresh Fruit Tray serves up to 20\$60 Small	Artisan Bread 48 hour notice required Ciabatta \$7.00 Sourdough \$7.00 Multi-Grain \$7.00 Kalamata Olive \$7.00 Fig Baguette \$7.00 French baguette (available daily) \$3.50
Yogurt Parfait\$7.95 eaWhole QuichesLorraine, Spinach, Mushroom, Chili Verde and Broccoli Cheddar Individual serving\$7Pie pan sizeserves 4-6\$24Largeserves 8-10\$36	BeveragesRieme Sparkling lemonades\$2.95Sparkling Water\$2.95Evian WaterLiter\$2.90WaterLiter\$3.75Regular/Diet Soft Drinks\$1.75
Breakfast Triangle Quiche 4"	Croissants Plain Mini \$2.00 Reg \$3.25 Chocolate Mini \$2.25 Reg \$4.00 Twice Baked Almond or Apple Mini \$2.75 Reg \$5.25 Almond Mini \$4.25
Breakfast Croissant	Rolls Walnut, Cinnamon, or Raisin Mini \$2.50 Reg \$4.00 Palmier \$3.75 Plain or Sugar Brioche \$2.75 Apple Turnover \$3.75
Chicken Pot Pie\$7.50 Smoked Salmon Pinwheel Wraps Minimum order of 8\$2.75 ea	Muffins Blueberry, Banana Nut, Oat Bran, Chocolate Chip, Lemon Poppyseed
Kosher-Style Smoked Salmon Tray 2½ lbs (See page 4)	Danish Cheese or Fruit Mini \$2.50 Reg \$4.00
Smoked Salmon Cream Cheese\$12/lbFig Cream Cheese\$8/lb	

Cookies & Other Sweets

Small Cookies
Large Assorted Cookies
Shortbread Cookies \$3.50 - \$5.00 ea Happy Face, Butterfly, Eiffel Tower, Dolphins, Surf Boards
French-Style Macarons\$2.00 eaHeart-Shaped Macarons\$2.75 ea
Strawberries \$2.25 Dipped in white or dark chocolate
French Petits Fours\$2.60 ea

Banana, Chocolate, Blueberry, Cranberry, Lemon, or Pumpkin (seasonal)
Tarts Apple or Pear
French Gourmet Pastries *NEW Green Queen - Chocolate-Avocado Pastry (GF, Vg), Lemon Cream, Napoléon, Fruit Tarts, Lemon Nutella Tartlet, Éclairs, Chocolate Mousse Cake, Cheese Cake, and lots more! ½ Size from \$3.50 Reg \$6.00 - \$8.00 Gluten-Free Carrot Cake \$6.00
Bite Size Desserts \$1.60 ea Brownies, Lemon Bars, Salted Caramel Brownies, Almond Cake, or Coconut Lancers
Sabayon



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Cream-based Dessert Topping

Delicious Cakes!

Chocolate Mousse/Raspberry Chocolate Mousse or Pralinsko, Lemon, Tiramisu, Millennium Succes Praline

or realistic, comments, married, removed to the control of the con
6"
8"
1/4 Sheet (8x12") serves 24-26 \$74
1/3 Sheet (12x12") serves 34-36
1/2 Sheet (12x16") serves 48-50 \$139
Full Sheet (16x24") serves 96-100 \$260

Bagatelle

Moist white sponge cake with fresh fruit in a Bavarian cream. Strawberries White Chocolate or Mango & Pineapple Shredded Coconut

4 x 4"	. serves 2-3	\$18
6 x 6"	. serves 4-6	\$29
6 x 10"	. serves 10-12	\$49
12 x 8"	. serves 18-20	\$69

Raspberry Bagatelle Princess Style

(Toppea with Marzipan)
4 x 4" \$21
6 x 6" \$32
6 x 10"
12 x 8" \$78
1/3 Sheet (12x12")
1/2 Sheet (12x16")serves 38-40\$125
Full Sheet (16x24") \$230

Carrot Cake (Gluten Free)

Traditional moist (real) carrot with whipped cream

cheese rilling and icing		
6"	. serves 8-12	\$38
8"		

Pralinsko Chocolate Hed	art shape Cakes with C	ustom Message
Small 4"	serves 1-2	\$1.5

3111all 4
Medium 6"
Large 8" \$28
XLarge 10" \$38

Raspberry Charlotte Heart

6''				 								serve	S	4-5				 	\$36	
3''				 								serve	S	86-8	3			 	\$46	

Mixed Fruit Tart

Almond pastry crust coated with white chocolate, filled with rum custard cream, and topped with mixed fruit

Individual\$	5
8" Round \$35	5
11" Round\$49	7
22" Strip \$55	5

Napoleon aka Mille Feuilles

Half Strip	serves up to 6	\$32
Strip (23"x5")	serves up to 12	\$52

Most cakes are available in bigger sizes. Greeting signs, such as "Happy Birthday" available.















Express Office Catering Solution Clear clamshell for individual: Executive tray for buffet

Clear Clamshell for Individuo	al - Exceptive tray for botter						
Croissant Sandwiches Turkey Smoked Ham and Swiss Roast Beef Vegetarian Chicken Salad Served with Caesar pasta salad or dill vinaigrette potato salad, fresh fruit cup, and ½ size French Gourmet pastry 2 Small	Grilled Chicken on Focaccia Sandwich Boneless, Skinless chicken breast and aioli on herbed focaccia bread with grilled vegetables, spring salad, fresh fruit, and a French Gourmet tiramasu or lemon bar □ Clear Clamshell \$18.00 □ Executive Tray \$17.00						
Clear Clamshell \$18.50 Executive Tray \$17.50 pp 1 Large Cut in 2 Clear Clamshell \$16.00 Executive Tray \$15.00 pp Grilled Hunan Chicken Salad	Chilled Pinwheels of Poached Salmon Filet (5oz) served with Herbed Mayonnaise Fresh green bean or asparagus salad, wild rice salad, sliced French Gourmet baguette, and three French Gourmet petit fours pastries Clear Clam Box \$23.00						
on Mixed Greens with Sesame Dressing Served with Asian cucumber salad and oriental cut vegetables, fresh grapes, sliced baguette, and brownie or tangy lemon bar □ Clear Clamshell \$18.00 □ Executive Tray \$17.00							
French Baguette Sub Sandwich Chef's choice of assorted meat and cheese, choice of two salads*, assorted cookies Clear Clamshell \$13.00	Grilled Panini Sandwich (choice of 1 salad, dessert, fruit) Tuna Melt with Swiss Cheese Grilled Vegetables with Balsamic Glaze Vinaigrette Chicken, Basil, and Mozzarella Prosciutto and mozzarella with honey dijon Clear Clamshell \$18.00						
filled with Caramelized Onions and Prosciutto Served with a Tarragon mustard sauce, dill potato salad, tomato and mozzarella salad with basil vinaigrette, sliced baguette, and ½ size French Gourmet pastry □ Clear Clam Box \$26.00 - Tray 24	Fresh Vegan, Ahi tuna or Mediterranean Turkey Wraps Served with fresh green bean salad or dill vinaigrette potato salad, fresh fruit cup and bite size brownie & lemon bar Vegan \$15.00						
Grilled Medallions of Chicken Breast with Tarragon Mustard Dip Served with fresh green bean salad or dill vinaigrette potato salad, sliced baguette, fresh fruit cup, and ½ size French Gourmet pastry Clear Clamshell \$16.00	Fresh Vegetarian Vietnamese Summer Rolls (GF) with Peanut Sauce Shiitake mushrooms, carrots, jicama, Napa cabbage, Bibb lettuce, mint, all seasoned with sesame oil, oyster and soy sauce, wrapped in a rice noodle sheet. Served with Asian coleslaw, fresh fruit cup and, fresh fruit cut and bite size brownie & lemon bar □ Clear Clam Box \$17.00 □ Executive Tray \$16.00						
 □ Roast Beef □ Turkey □ Chicken Curry Salad □ Vegetarian 4 pp, Served with Caesar pasta salad or couscous salad, fresh fruit cup, French Gourmet lemon bars, or ½ size French Gourmet pastry □ Clear Clamshell \$17.00 □ Executive Tray \$16.00 	Beverages (each) Regular Soft Drinks \$2.00 Diet Soft Drinks \$2.00 Orangina \$3.00 Sparkling Water \$3.00 Rieme Sparkling Beverage \$3.00 Bottle Water \$2.00						
*SALAD CHOICES AVAILABE IN PARTIES MADE EA	ASY MENU. PAGE 4. FIND DESSERTS ON PAGE 6.						
Minimum 24-hour notice required! Email your order to: committee Minimum order may apply. Ask about our volume discount. Or	atering@thefrenchgourmet.com or call: (858) 488-1725						
Day: Date: # of Guests: Pt Del Time: Guest Ar Time: Special Req: Name: Company:							
Delivery Address:	Suite:						
M/C or VISA #: knife, spoon, p	Food Total \$ Beverage Total \$ Disposables for Buffet @ \$2.00 pp \$ late, napkin, included with all box lunches en nondisposable equipment is requested \$ Delivery Fee \$ Sub-Total \$ Applicable Sale Tax \$ Total \$						

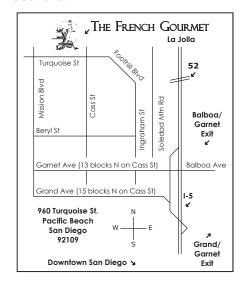
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THE FRENC GOURMET

Catering • Restaurant • Bakery • Wine Boutique

- **Did you Know...?** The French Gourmet has served San Diego with what many consider to be this city's finest fullservice catering since 1979. Our talents include elaborate special events, corporate luncheons, wedding receptions, box lunches, memorials, company picnics, and garden parties.
- The French Gourmet has a casual French restaurant and bakery located in Pacific Beach, famous for serving quality food at an excellent value. Please sample our famous wedding cakes at no charge, and don't forget to take home a fresh baguette and slice of our homemade pâté!
- We have a number of recommended venues from which to choose for your special occasion: meetings, luncheons, birthdays, showers, memorials, wedding receptions, holiday parties . . . Please visit our website at TheFrenchGourmet.com for a list of great Event Locations.



Awards

2005 BBB Torch Award Winner For Marketplace Ethics

"Best Caterer" (Multi Time) San Diego Reader, Union Tribune, La Jolla Light, Beach & Bay Press, La Jolla Village News and San Diego Magazine

> Discover Pacific Beach Business of the Year

Gold Medallion Best Caterer California Restaurant Association

"Gold Key Award" (Twice!) HSMA and HMA

"Finest Service Award" San Diego Convention and Visitors Bureau

"National Best Off-Premise Catered Event of the Year" National Association for Catering and Events

"Chevalier du Merite Agricole" National French Award for Distinguished Service from a True French Professional

Best French Restaurant, Best Catering, Best Bakery, Best Desserts, Best Wine List La Jolla Light, Beach & Bay Press, Union Tribune, La Jolla Village News







TheFrenchGourmet.com catering@thefrenchgourmet.com



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