



1/19/24

THE FRENCH GOURMET

Catering • Restaurant • Bakery • Wine Boutique

960 Turquoise Street, San Diego, CA 92109

Make your reservation online at www.TheFrenchGourmet.com

Or call (858) 488-1725 x377

Valentine's Day 5 Course Prix Fixe

\$79.95 Per Person - Tues 2/13

\$89.95 Per Person - Wed 2/14

(plus tax and gratuity)

AMUSE BOUCHE

CALIFORNIA STERLING ROYAL CAVIAR TOAST, DUXELLE MUSHROOM PUFF, TUNA TARTAR

STARTER

NEW ORLEANS CRAB CAKE
Caper Remoulade, Arugula, Chives

LOBSTER BISQUE
Sherry, Cream, Diced Lobster

CAESAR SALAD
Romaine, parmesan, cherry tomatoes,
croutons

**OVEN ROASTED TOMATO
CROSTINI**
Aioli, Rosemary Olive Bread
Vegan option available

SOUPE Á L'OIGNON
Truffle cheese gratinée

**ESCARGOTS Á LA
BOURGUIGNONNE**
Half dozen escargots broiled in
garlich herb butter

BURRATA SALAD
Colored tomatoes, balsamic, burrata,
arugula, pesto, pistachio

INTERMEZZO

POMEGRANATE SORBET

ENTRÉE

Entrées are served with Potatoes au Gratin and Fresh Vegetables

DUCK LEGS CONFIT GF
Braised Red Cabbage, Black Currant
Demi-Glace

GRILLED BEEF FILET MIGNON GF
Bearnaise or Green Peppercorn

SEARED DIVER SCALLOPS GF
with Vanilla Fig Beurre Blanc

SAUTEED CHILEAN SEA BASS GF
Lemon Caper Butter

**BAKED DIJON, CRUSTED
RACK OF LAMB**
Rosemary port demi-glace

**GRILLED PORTABELLA &
VEGETABLE TOWER VG, GF**
Balsamic Reduction

SURF & TURF GF
Maine Lobster Tail & Filet Mignon
Drawn Butter, Bearnaise or Green
Peppercorn

FILET OF BEEF WELLINGTON
Truffle Demi-Glace

BEEF PRIME RIB GF
Au jus, creamy horseradish

DESSERT

CHOCOLATE MARTINI GF
Chocolate mousse, ganache,
meringue white chocolate shavings,
fresh berries, sabayon

RASPBERRY CREME BRULÉE GF

STRAWBERRY NAPOLEON
Flakey puff pastry with
strawberry creamy custard

BAKED ALASKA
Moist white sponge cake, vanilla ice
cream topped with baked meringue

GREEN QUEEN Vegan, GF
Chocolate and avocado mousse

Menu subject to change without notice. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.

We reserve the right to refuse service to anyone. 18% gratuity will be added to parties of six or more.

No splitting. Coupons, ITEX, Synergy and other discount vouchers are not valid on 2/13 or 2/14