



THE FRENCH GOURMET

Catering ♥ Restaurant ♥ Bakery ♥ Wine Boutique

960 Turquoise Street, San Diego, CA 92109

(858) 488-1725 ext. 316 (858) 488-1799 fax

www.thefrenchgourmet.com



2/14/08 Valentine's Day Menu

Hors d'œuvre

Grilled Prosciutto Shrimp

Oven Roasted Tomato Crostini

Duck Pâté Canapé

First Course

Choose one

Onion Soup Gratinée

Pomegranate Mixed Green Salad

Seasonal mixed greens served with Boston Lettuce leaves, topped with sliced pears, pomegranate seeds and dressed with a light champagne-pomegranate vinaigrette

Escargot or Grenouille Forestière à la Bourguignone

Escargot or Frog legs with garlic and mushrooms

Main Course

Choose one

Grilled Filet Mignon

With asparagus, fennel potato purée, and red wine demi-glace

Pan Seared Salmon

With braised red Swiss chard, wild mushroom ragout, Kalamata olives, and veal stock reduction with port drizzle

Coquille St. Jacques Provençale

Sautéed fresh "dry sack" scallops, finished with a light tomato concassé

Roasted Duck

Leg confit and seared duck breast braised with red cabbage and Fuji apples, rainbow marble potatoes and raspberry demi-glace

Grilled Chicken Breast

With Yukon gold potato purée, glazed baby carrots, and Chanterelle demi-glace

Whole Local Lobster (\$12 supplement)

Garlic-lemon wilted spinach, confit fingerling potatoes, and saffron beurre blanc

Portabella Vegetarian Napoleon

Call for Reservations

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Early Seating

5:00 to 6:00 pm

\$54.95 per person

Later Seating

7:00 pm and later

\$64.95 per person

Tax and Gratuity Not Included

And For Dessert . . .

Choose one

Heart Shaped Praline-Chocolate Mousse Cake

Perfect for two

Petit Fours Painted Plate

4 mini French pastries

Coffee or Tea



French Champagne Specials



Moët & Chandon
White Star \$39.95

Moët & Chandon
Rose Imperial \$47.95

Perrier Jouët Grand Brut \$39.95

Dom Pérignon Vintage 1998 \$159.95

Perrier Jouët Flower Bottle
With 2 Souvenir Glasses \$139.95

To Go orders are available for \$49.95 per person. Please place in advance. Last pick-up at 5:30pm.