



# THE FRENCH GOURMET

Catering • Restaurant • Bakery • Wine Boutique

## executive box lunch menu



### Minimum of 10 executive box lunches per order.

Individually packaged in sophisticated, eco-friendly containers. Includes condiments, napkins and cutlery.

Also available as platters - Contact us for pricing and ask about our volume discount.

### The French Gourmet

960 Turquoise Street  
San Diego, CA 92109  
858.488.1725  
thefrenchgourmet.com

Delivery charge may apply. Please contact us for details.

Prices subject to change. Rev. 11/2015

### Sandwiches 14.95

served with fresh cut seasonal fruit and choice of accompaniment and French Gourmet half-size dessert

#### Pesto Grilled Chicken Breast

Grilled Chicken Breast, Roasted Tomatoes, Field Greens, Basil Pesto, Provolone on Herb Focaccia

#### Roast Beef

House-made Roast Beef, Boursin, Onion Confit, Gorgonzola, Shallot Aioli, Baby Spinach on Rosemary Focaccia

#### Tuna Salad

Homemade Tuna Salad, Field Greens, Sliced Tomato on Sliced Multigrain Bread

#### Turkey Breast

Turkey Breast, Pepper Jack Cheese, Applewood Smoked Bacon, Field Greens, Sliced Tomato, Roasted Garlic Aioli on Ciabatta

#### Ham and Brie

Black Forest Ham, Brie, Arugula, Caramelized Green Apples, Grain Mustard on Ciabatta

#### Chicken Curry Croissant

Curry Chicken Salad with Almonds and Pineapple Tossed in a Light Curry Mayonnaise on Freshly Baked Croissant

#### Vegetarian

Grilled Seasonal Squash, Portobello, Roasted Red Peppers, Eggplant, Goat Cheese, Balsamic on Sliced Multigrain Bread

### Salads 14.95

served with fresh cut seasonal fruit and choice of French Gourmet half-size dessert

#### Classic Chicken Caesar

Grilled Chicken Breast, Crisp Romaine Lettuce, House Croutons and Shaved Parmesan Cheese Tossed with Our Classic Caesar Dressing

#### Mixed Berry Field Greens

Seasonal Berries, Black Mission Figs, Goat Cheese on a Bed of Field Greens with Lemon-Vanilla Vinaigrette

#### Chopped Salad

Oven-Roasted Turkey, Hearts of Romaine, Tomatoes, Red Onions, Grapes, Almonds with Blue Cheese Dressing

#### Elario's Salad

Mixed Baby Greens, Baby Spinach, Endive, Sun-Dried Cranberries, Candied Pecans, Gorgonzola Cheese, Sliced Apples with Champagne Vinaigrette

#### Caprese

Fresh Burrata, Ripe Tomato, Basil, Butter Lettuce, Arugula, Salt & Pepper Drizzled with Aged Balsamic and Extra Virgin Olive Oil

### Accompaniments

#### Red Dill Potato Salad

Fresh Dill, Red Onion, Vinaigrette

#### Broccoli Salad

Broccoli Florets, Yogurt, Raisins, Onion, Lemon

#### Pasta Primavera Salad

Black Olives, Artichoke Hearts, Sweet Peppers, Feta Cheese, Vinaigrette

#### Quinoa Salad

Caramelized Shallots, Red and Dicend Yellow Sweet Peppers, Parsley

### French Gourmet Half-Size Desserts

#### Pralinsko

Dark Chocolate Cake, Hazelnut-flavored Mousse

#### Carrot Cake

Cream Cheese Filling, Whipped Cream Frosting

#### Mixed Fruit Tart

Pastry Crust, Custard Cream, Assorted Fresh Fruit

#### Chocolate Mousse Cake

Dark Chocolate Cake, Chocolate Mousse

#### Lemon Buttercream

Light Lemon Cake, Lemon Buttercream

#### Strawberry Bagatelle

White Cake, Strawberries, Bavarian Cream

### Beverages

#### Cafe Moto Coffee Box 15

Serves 8-12  
Freshly Brewed Regular or Decaf

#### IZZE Sparkling Juice 2.50

Blackberry, Clementine, Grapefruit, Pomegranate

#### Tazo Iced Tea 2.50

Zen Green Tea or Peach

#### Canned Soft Drinks 1.50

Coke, Diet Coke, Sprite

#### Bottled Water 1.50