



THE FRENCH GOURMET

Catering - Restaurant - Bakery - Wine Boutique

960 Turquoise Street, San Diego, CA 92109

(858) 488-1725 x316 (858) 488-1799 fax

www.thefrenchgourmet.com

catering@thefrenchgourmet.com

BREAKFAST & LUNCH

Everyday 8:00 am-3:00 pm

EGGS & OMELETTES

EGGS BENEDICT 12.95

Two poached eggs on a toasted English muffin with Canadian bacon and real Hollandaise sauce

EGGS FLORENTINE 11.95

Two poached eggs on a toasted English muffin with creamed spinach and real Hollandaise sauce

TWO EGGS ANY STYLE 10.95

Served with your choice of ham, bacon or sausage and home-fried garlic and parsley potatoes

SCRAMBLED EGGS & RATATOUILLE 10.95

Eggs scrambled with traditional ratatouille: sautéed eggplant, onions, bell peppers, zucchini, and tomatoes

PIPERADE WITH SERRANO HAM 12.95

Blend of eggs, bell peppers, tomatoes, onion, garlic and Serrano Ham

FLORENTINE OMELETTE 11.95

Omelette filled with ham and creamed spinach, topped with real Hollandaise sauce (Available without ham)

BRIE CHEESE OMELETTE 12.95

3 egg omelette filled with Brie cheese and herbs

FINE HERB OMELETTE 10.95

3 egg omelette with chives, parsley, and basil

APPLE OMELETTE 11.95

3 egg omelette filled with a sautéed apples

OMELETTE ANY STYLE 12.95

Delicious three egg omelette filled with your choice of any 3 of the following: ham, sausage and/or bacon, onions, Brie or Swiss or feta cheese, mushrooms, avocado, bell pepper, tomatoes

FRENCH TOAST & CRÊPES

FRENCH GOURMET TOAST 10.95

Made with slices of our own French baguette served with sweet butter, syrup, and fruit garnish

APPLE CRÊPES 10.95

Two hand-made crêpes rolled with a warm apple-cinnamon compote topped with sour cream and served with fresh fruit

SPINACH & GOAT CHEESE CRÊPES 12.95

Two hand-made crêpes filled with creamed spinach and topped with goat cheese

HAM & CHEESE CRÊPES 10.95

Two hand-made crêpes filled with ham, Swiss cheese and a Béchamel sauce

SEAFOOD CRÊPES 12.95

Two handmade crêpes filled with baby shrimp scallions, scallops, fish and surimi in a velouté sauce

FLORENTINE CRÊPES 11.95

Two hand-made crêpes filled with ham and creamed spinach, topped with real Hollandaise sauce (Available without ham)

Most menu items are served with fried garlic and parsley potatoes.
Fruit Garnish Available on Request at no charge as long as you eat it.
Omelettes can be made with egg whites upon request.

SIDE ORDERS

REAL HOLLANDAISE SAUCE 1.50

BACON, SAUSAGE OR HAM 3.00

ONE EGG 2.50

FRIED GARLIC & PARSLEY POTATOES 2.50

AVOCADO SLICES 2.00

FRENCH FRIES (lunch only) 3.50

BEVERAGES

THE FRENCH GOURMET SPECIAL

LARGE EVIAN / MINERAL WATER 2.95

VOSS SPARKLING WATER 4.95

SOFT DRINKS

Coke, Diet Coke, Sprite 2.00

Orangina or Snapple 2.95

COFFEE / DECAF 1.95

TEA / ICED TEA 1.95

CAFE AU LAIT / LATTÉ 3.50

CAPPUCCINO / CAFE MOCHA 3.50

FRESH SQUEEZED ORANGE JUICE

small 2.75 large 3.50

MIMOSA 4.95

BLOODY MARY 3.95

The French Gourmet proudly serves



and



♥ Healthy Dining Menu Items

Please understand that market conditions change daily. If a menu item fails to meet our standards it will not be offered.

Menu and prices applicable to change without notice.

Many of our dishes are available for take-out.

Please present any coupons or gift certificates when asking for bill.

Gratuity will be added to parties of six or more.

3.75 split charge. Applicable sales tax will be added.

We reserve the right to refuse service to anyone.