



# THE FRENCH GOURMET

Catering ♥ Restaurant ♥ Bakery ♥ Wine Boutique

960 Turquoise Street, San Diego, CA 92109

Make your reservation online at [www.TheFrenchGourmet.com](http://www.TheFrenchGourmet.com)

Or call (858) 488-1725 ext. 316



Rev. 1/31/17

## Valentine's Day Prix Fixe Dinner Menu

Tuesday 2/14

\$69.95 per person

Beverage, tax and gratuity not included

### Hors d'Œuvre

Brie, Walnut & Honey Crostini, Escargot Stuffed Mushroom, Onion Tart

### First Course

Choose one

#### Salad Frisée

Warm lardons and quail egg

#### Foie Gras "Torchon"

With balsamic fig chutney and toasted brioche

Onion Soup Cup with Truffle Cheese Gratinée

Lump Crab Cake with Champagne Beurre Blanc

Lobster Risotto

Intermezzo - Pomegranate Granité infused with a splash of Pomegranate Vodka

### Main Course

Served with your choice of roasted fingerling potatoes, risotto, or potatoes au gratin, and grilled asparagus or haricots verts.  
Please choose an entrée:

#### Surf & Turf

6oz lobster tail with drawn butter  
and 4oz filet mignon medallion with a cabernet demi-glace

#### Duck Confit à l'Orange

#### Prime Rib Au Jus

#### Prosciutto Chicken Breast

Asparagus and Boursin cheese

#### Fresh Sautéed Verlasso Salmon

Matelote beurre rouge

#### Valentine Pappardelle Pasta - Vegetarian

Artisan pappardelle pasta, julienne of carrots and zucchini,  
mushrooms, asparagus,  
white wine and garlic sauce, parmesan cheese

#### Rack of Lamb

Dijonaise crust and mint demi-glace

### And For Dessert . . .

Enjoy here or take it to go

Choose one

#### Petits Fours Painted Plate

4 mini French pastries

#### Raspberry Crème Brûlée

Or Share

#### Heart-Shaped Pralinsko Cake

Dark, moist chocolate cake filled with creamy hazelnut-flavored chocolate mousse Perfect for two

*Reservations required. Gratuity left to your discretion, though 18% gratuity will be added to parties of 6 or more.*

*Menu subject to change without notice. No coupons/vouchers accepted on this dinner menu. No splitting.*

*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.*